

Sunday, 5 November, 2023

## **Seeking Jesus when I am tired!**

Many people in this time of the year when you just greet them and say how are you, they say, we are tired. It is expected to have an emotional and physical fatigue, however, as Christians, how do we deal with that? Because 1 Peter 3:15 says we must always be ready to give an answer to our faith, so if any comes to you as a Christian and say I am tired and continue winning about being tired, what is your answer. Christian must have answers to all life questions not because they know all things, but, because the God we serve is an omniscient God, He knows all things, He has answers to a tired society – our nation is tired, our community is tired, tiredness is in families, But what is our response to this tiredness as Christians?

**There are three questions I ask myself?** It is very important to ask yourself this questions!

### **1. Why am I tired?**

“Search me, O God, and know my heart; try me, and know my anxieties; And see if there is any wicked way in me, and lead me in the way everlasting” (Psalm 139:23-24)

I am asking God to search the root of my tiredness, is it on based on laziness or pride, or arrogance. I remember at home growing up on those days where we have to do spring cleaning, and you just get tired before even starting to work. The discovery is, I was not always tired but I didn't want to do what I was told to do. So it was not tiredness, it was pride, stubbornness. That is what Christianity is all about, you must allow God through His Holy Spirit to search you and know your heart, to search all the roots of your emotions, thoughts, and behaviour. Like today, we having communion, Paul says in 1 Corinthians 11:28, let a man examine himself. You need to ask yourself deep questions in order to get true answers, and the truth will set you free (John 8:32).

### **2. What made me tired?**

One has to look back to see what really made you tired because God give as a sound mind (2 Tim 1:7), to reason.

First way to answer this question, is to check my priorities? What did I priorities that got me tired or did things come that I did not priorities that came to steal my energy?

The Mirror to answer this question, The greatest priority of our lives as Christians must be the Greatest Command, You shall the Lord your God with all your heart, with all your mind, and with all your soul and you shall love your neighbour as you love yourself (Matthew 22:37-39). We must critically check if what made us tired was in line with the greatest commandment, because if not, you were loving yourself (flesh) or the world,

or devil – The further you go away from the Greatest Commandment, the more tired you will be, because the Bible says, the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Can I shock you today? Sometimes you are tired because you have hardened your heart to hear God's voice – Hebrews 4:7, "Today, if you will hear His voice, Do not harden your hearts" ... There remains therefore a rest for the people of God (v.9). **For he who has entered His rest has himself also ceased from his works as God did from His (v.10).** If you have opened your heart, receive the gospel of Jesus Christ that He died for all your sins, forgave all your sins, and love you so much (John 3:16), you immediately enter His rest and all your works cease (as Christians, we do not do our work, we do the work of God, Jesus says Himself, My Father has been working until now, and I have been working, John 5:17, Paul says, we are co-workers with God, 1 Corinthians 3:9).

Second mirror to what me tired is Goals, what was my goal in what made tired?

**Phil 3:14 I press toward the goal for the prize of the high calling of God in Christ Jesus.** All things that are not done with a goal for the prize of the high calling of God in Christ Jesus will make you tired.

Third mirror, which people make me tired?

**1 Cor 15:33 Don't be fooled by those who say such things, for "bad company corrupts good character."** Bad company will make you tired. Even Christians can be bad company, Paul is writing to a church, and in the church some were denying the resurrection of Jesus Christ, and Paul calls them bad company. Paul further says about this people in the church and says, in the last days perilous times will come, men will be lovers of themselves, lovers of pleasure rather than the lovers of God, having the form of godliness but the power thereof (2 Tim 3:1-5). Lukewarm Christians are bad company, Christians who do not want to repent from sins, idolatry, sexual immorality, pride, are bad company. Show me your company (people, books, movies), I will tell you your future.

### **3. How do I seek Jesus Christ when I am tired? What do I do?**

1. Read the Bible – I asked the Bible study group what scriptures do you go to when you are tired?

Joshua 14:10-11

**"Now, as you can see, the Lord has kept me alive and well as he promised for all these forty-five years since Moses made this promise—even while Israel wandered in the wilderness. Today I am eighty-five years old. I am as strong now as I was when Moses sent me on that journey, and I can still travel and fight as well as I could then.**

He does not feel tired because He reaped the promises of God, he is in the will of God, He entered the rest Hebrews spoke about, **Isaiah 40:29-30** Isaiah maybe looked at the life of Caleb, and said, But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

People like King David got it right, this is a whole king of Israel, it's a president of a whole country (sometimes I wonder how presidents manage to do so much work), he was responsible for spiritual, social, economic, political, and military state of the country of Israel, and He said, **The LORD is the strength of my life; Of whom shall I be afraid? Psalm 27:1**, write, pray, or sing Psalms when your tired

**Matthew 11:28** Then Jesus said, **“Come to me, all of you who are weary and carry heavy burdens** (you trying to do life and work your own way, you putting too much trust on your yourself, your abilities, skills, talents, on other people) and I will give you rest. Sometimes we work so hard to try earn salvation or to please God, workplace you work hard to try please your boss for promo, There's nothing you can do to earn salvation, you are saved by grace through faith alone. When Jesus said it is finished on the cross, all the price was paid to save you from your works into the Kingdom of His Love.

#### **4. Timetable and Life of a Christian**

Look at the timetable and life of people in the Bible, research Christians who changed the world and see what kind of lives they lived.

**2 Corinthians 6:5** **We have been beaten, been put in prison, faced angry mobs, worked to exhaustion, endured sleepless nights, and gone without food.** What must make the modern church tired is a comfortable Christianity! Today's church must hear Jesus Christ saying either be hot or cold! Measure your life and timetable with a Biblical Timetable and Lives!

**Isaac Newton**(1642-1727), father of calculus and dynamics, a scientific genius and dedicated Christian. Formulated the theory of gravitation and laws of motion. Discovered that white light is composed of the colours of the spectrum. He contributed to mathematics, astronomy, and physics and believed that to truly know the Creator, one must study the natural order of things. He dedicated his whole life to know the Word of God (Bible) and to know the works of God (creation), what have you dedicated your life to? C.T Studd, **“Only one life, it will soon be past, only what's done for Christ will last...some like to live within the sound of the church or chapel bell – I'd like to run a rescue shop within the yard of hell”**.

